

## METHOD AND SYSTEM FOR MANAGING CHRONIC DISEASE AND WELLNESS ONLINE

### Abstract

10

15

20

25

A method and systems for managing a multi-domain health and wellness program using remotely located terminal devices, software agents and remotely stored participant information associated with definable access levels. The system referred to herein as Intelligent Health Management Technology (IHMT) system, provides assistance in regards to the management of chronic diseases in conjunction with multi-domain health and wellness programs. The system collects personal health information and medical record data and analyzes the information, and simulates medical decision-making process and is based on general medical decision making principles, common sense principles, and specific logic for a given IHMT module. As a result, customized recommendations are provided and may include computer generated recommendations and input from participating third parties (i.e., doctors, dieticians, pharmacists etc.).